## **CLAIMS**

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1. An apparatus for monitoring human autonomic nervous system activity using pulsatile blood volume waveform signals, said apparatus comprising:

a photoplethysmographic probe having a light emitting element and an opposing light detecting element, and having an output signal indicating changes in blood volume on at least one alpha andrenergic receptor site of a human body;

a processor element, responsive to said output signal indicating changes in blood volume, for reducing said waveform signals to a slope value;

said processor element containing an algorithm for normalization of the slope value; said processor element containing an artifact rejection algorithm for eliminating from further processing slope values less that one; and

amplifier and filter circuitry for rendering output signals representative of said slope values.

- 2. The apparatus of claim 1, wherein the photoplethysmographic probe is adapted for application on a finger.
- 3. The apparatus of claim 1, wherein the photoplethysmographic probe is adapted for indirect application to the alpha andrenergic receptor site, whereby no direct contact with a body part is required.
- 4. The apparatus of claim 1, further comprising a display for visual indication of output signals.
- 5. The apparatus of claim 3, further comprising a display for indicating information representative of pulsatile blood volume waveform signals.
- 6. The apparatus of claim 3, further comprising a display for indicating information representative of slope values.

- 7. The apparatus of claim 3, further comprising a display for indicating information representative of a slope ratio.
- 8. The apparatus of claim 1, further comprising an electronic storage medium for data storage capability.
- 9. The apparatus of claim 1, further comprising at least one data port for downloading output signals.
- 10. An apparatus for monitoring human autonomic nervous system activity using pulsatile blood volume waveform signals, said apparatus comprising:

a photoplethysmographic probe having a light emitting element and an opposing light detecting element, and having an output signal indicating changes in blood volume on at least one alpha andrenergic receptor site of a human body;

a power supply having a battery with capacity for at least 12 hours;

analog circuitry for power supply voltage regulation and conditioning;

an interface for an OEM supplied finger pulse oximetry probe;

a low frequency front-end filter for conditioning a probe input signal;

an input signal pre-amplifier stage;

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a high frequency filter for conditioning probe input signal;

a gain-controlled signal amplifier stage;

a bar graph display for visual indication of a pulse signal;

a polygraph output port for pulse signal data;

a digital processing unit, such as a microprocessor or microcontroller, to provide slope detection and peak to peak height determination of each systolic finger pulse, mathematical normalization of input signal slope, digital to analog (D/A) conversion of the slope value for a polysomnographic display, and digital control of finger probe gain, and having a status indicator LED;

- a plurality of user controls comprising on/off, start/stop and transmit functions;
- a display for visual indication of slope ratio information;
- a data storage unit, such as such as an on-board multi-media card, to permit at least 5 hours of data storage; and

a plurality of output ports for providing analog and digital output of the pulsatile waveform and a DC level representative of the normalized slope, and slope ratio data..

11. A method for identification of human autonomic nervous system activity, the method comprising the steps of:

disposing a photoplethysmographic probe proximate to a single alpha andrenergic receptor site of a human body part;

obtaining an electrical signal from said probe representative of pulsatile blood volume within said body part;

deriving a pulsatile blood volume waveform as a function of amplitude and time; defining a time interval for calculation of a slope of the pulsatile blood volume waveform;

applying an algorithm that continuously provides real-time calculation of the slope along said waveform within said time interval;

dividing peak amplitude values by a time constant and eliminating slope values less than 1, whereby artifact elimination is achieved;

normalizing slope values; and

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providing information representative of slope values, whereby autonomic nervous system activity is monitored.

- 12. The method of claim 11 further comprising the step of applying signal filtration means, whereby undesirable low and high frequency signal components are eliminated.
  - 13. The method of claim 11 further comprising the step of monitoring the pulsatile

blood volume amplitude.

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- 14. The method of claim 11 further comprising the step of amplifying and filtering slope values, whereby improved sensitivity and accuracy is achieved.
- 15. The method of claim 11 further comprising the step of providing an output display of visual information representative of slope values.
  - 16. The method of claim 11 further comprising the step of providing data output representative of input data and slope values.
  - 17. The method of claim 11 further comprising the step of providing a means for storing data representative of input data and slope values.